

PARK & PLAY & CIWW MEMBERS

Cardiff International White Water (CIWW) – SAFETY AND RISK DECLARATION

This form is intended to make you aware of the risks associated with Canoeing and Kayaking and to help you make an informed decision as to whether to participate. Signing this form does not (and is not intended to) limit our obligations to you and does not in any way compromise your legal rights.

Canoeing and Kayaking are “Assumed Risk” “Water contact sports” that may carry attendant risks. Participants should be aware of and accept these risks and be responsible for their own action and involvement.

Please complete all sections:-	Please Tick		
	Yes	No	Signed
I understand that the activities I may participate in will expose me to many hazards and involve the risk of property damage and loss and even personal injury, illness or death. Whilst CIWW will take all reasonable steps to ensure my safety, I understand that they cannot be held liable for my own actions, for which I must take responsibility, or for those of a third party.			
I have completed and submitted a CIWW medical consent form.			
I do not have any medical conditions or illnesses other than those disclosed on my medical consent form. Despite these conditions I am sufficiently fit, able and competent to paddle on grade 3 moving water (i.e. difficult conditions requiring expertise of manoeuvring with strong currents) and participate in all the activities.			
I am confident swimming in moving water.			
My PPE buoyancy aid, helmet, clothing and personal craft are appropriate for use at CIWW and they fit correctly.			
I have read and agree to abide by the CIWW Rules and Regulations (posted in reception and around the centre and available on request).			
I have been able to read the relevant Terms and Conditions and agree with these.			
I have read the Water Information Board, walked the course and I understand the level of the flow and the difficulty at CIWW. I confirm I am sufficiently experienced to paddle this environment.			
Access and egress is only available through the reception and equipment through the canoe drop area.			
I understand that whilst CIWW will provide me with help and advice whenever they can, I will only receive instruction in the use of equipment or techniques when I have booked and paid for such instruction. I will not participate in any activity unsupervised if I am not confident and capable in the use of any of the equipment or course.			

ALL Individuals must sign-in **personally** before getting on the water **unless under 18** in which case they must be signed-in by a parent/guardian or by an adult acting on the authority of the parent/guardian.

If I have any questions or queries or am unsure of anything in the above I will speak to one of the CIWW staff members to seek advice.

I confirm that I am [over 18 years old] / [the parent/guardian of a participant who is [under 18 years old answering on behalf of the participant] (delete as appropriate). I have read and understood this declaration. I acknowledge that if I have answered “no” to any of the above statements, I will **not** be able to use the CIWW Centre.

Full Name _____

Signed _____

Date _____

Full Name _____

Signed on behalf on CIWW _____

Date _____